



# CROSSWAYS

CAMPING MINISTRIES

## COUPLES WELLNESS RETREAT: JANUARY 6-8, 2017

Pine Lake Camp

W5631 Pine Lake Rd. Waupaca, WI 54981

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### FRIDAY:

- 7:00pm Arrival & Check-In
- 7:30pm Welcome, introductions, opening activities
- 8:15pm Opening session with Dr. Terri Sell: Relationship Attachment & Weekend Overview
- 9:15pm Evening Vespers
- 9:30pm Social Time w/ snacks & beverages in Dining Hall

### SATURDAY:

- 8:00am Breakfast
- 8:45am Morning Vespers
- 9:00am General Session #2: Building a Sound Relationship House
- 10:00am Breakout Sessions with Dr. Terri Sell (2 50-min blocks)  
(Free time for guests/couples not in sessions)
- 12:00pm Break for lunch & free time
- \*12:30pm BONUS Session with Dr. Terri Sell: It's not your libido, it's your energy!
- 2:00pm Breakout Sessions with Dr. Terri Sell (3 50-min blocks)  
(Free time for guests/couples not in sessions)
- 5:30pm Dinner
- 6:30pm General Session #3: Avoiding the Four Horsemen of the Apocalypse
- 7:45pm Large Group Activity
- 9:15pm Evening Vespers
- 9:30pm Social Time w/ snacks & beverages in Dining Hall

### SUNDAY:

- 8:00am Breakfast
- 8:45am Morning Vespers
- 9:00am General Session #4: The Five Love Languages
- 10:15am Time for packing/loading vehicles
- 10:45am Closing Devotions/Worship
- 11:30am Departure