



CROSSWAYS

CAMPING MINISTRIES

WOMEN'S WELLNESS RETREAT: OCTOBER 19-21, 2018

Pine Lake Camp

W5631 Akron Ave. Waupaca, WI 54981

FRIDAY:

6:00-6:45pm Arrival & Check-In at Evergreen Lodge (upper level)
7:00pm Welcome, introductions, opening activities
7:45pm Opening session in Evergreen w/ devotions
9:15pm Social Time w/ snacks & beverages in lower Evergreen

SATURDAY:

8:00am Morning yoga/stretching in upper Evergreen
8:30am Breakfast in Dining Hall
9:15am Morning devotion (location TBD)
10:00am Morning session in Evergreen
11:30am Free time
12:00pm Lunch in Dining Hall
1:00pm Afternoon activity options:
- Hike led by camp staff
- 20-min massage (extra add-on element)
- Read, nap, relax on your own
- Visit downtown Waupaca (or The Red Mill on Hwy K!)
6:00pm Dinner in Dining Hall
7:00pm Evening session in upper Evergreen w/ devotions
9:00pm Social Time w/ snacks & beverages in lower Evergreen

SUNDAY:

8:00am Morning hike—meet on Evergreen's front deck
9:00am Morning session in upper Evergreen
10:15am Break, time for packing
10:30am Brunch in Dining Hall
11:30am Closing devotion & departure

RETREAT FOCUS

We are excited to welcome retreat facilitator, **Marilyn Sharpe** to guide our learning and fellowship this weekend! We will be centering around the concept of **Connection**. Come prepared to connect meaningfully with God and your fellow sisters in Christ in the beautiful setting of camp, as we learn how to **Reach In, Reach Out, and Extend our Reach!**

EXTRA ADD-ONS

We have some exciting treats to offer our fabulous guests at this weekend!

- A **massage therapist** will be available Saturday afternoons for 20-minute chair massage sessions. You can sign up for one of these sessions on Friday evening after arrival for an additional fee of \$--.

LODGING & MEALS:

Lodging will be provided in Evergreen Lodge. Meals served in our Dining Hall will include Saturday breakfast, lunch, and dinner, and Sunday brunch. Snacks will be offered Friday and Saturday evenings, but feel free to bring along snacks of your own (for keeping or sharing!).